

January 28, 2012

Secretary Kathleen Sebelius  
U.S. Department of Health and Human Services  
200 Independence Avenue SW  
Washington, D.C. 20201

Dear Secretary Sebelius,

I am writing to express serious concern about the health care mandate, effective August 2012 which continues to demand that sterilization, abortifacients and contraception be included in virtually all health plans. The fact that your office proposes to enforce this mandate next year for all employers, including those that morally object to the use of contraception and abortifacients, is a direct attack on religion and my First Amendment rights.

Under this mandate, employers will be forced to provide health care which includes contraception. Employees who want health care will be forced to use and therefore subsidize a plan which provides contraception to women without cost or co-pay.

As a Catholic yourself, you may know that contraception is a grave moral evil, as has been constantly taught by the Catholic Church. The birth control pill can act to cause a very early abortion. It does not reduce abortion rates. Contraception is an elective intervention that stops the healthy functioning of healthy women's reproductive systems. It is not health care. The government should not force Americans to act as if pregnancy is a disease to be prevented at all costs. Contraceptives have numerous side-effects and risks of serious complications. Documented serious complications include heart attacks, cervical cancer and blood clots. The statement from your office on January 20, 2012 that "Scientists have abundant evidence that birth control has significant health benefits for women and their families" is very misleading and troubling. Children are a blessing from the Lord.

As an American citizen, I ask you to rescind the administration's contraceptive mandate and restore my religious liberty and rights of conscience.

Please let me know how and when you will act to ensure that I can purchase health insurance without violating my conscience.

Sincerely,

January 28, 2012

President Barack Obama  
The White House 1600 Pennsylvania Avenue NW  
Washington, D.C. 20500

Dear President Obama,

I am writing to express serious concern about the health care mandate, effective August 2012 which continues to demand that sterilization, abortifacients and contraception be included in virtually all health plans. If the mandate is enforced next year for all employers, including those that morally object to the use of contraception, I will consider that a direct attack on religion and my First Amendment rights.

Under this mandate, employers will be forced to provide health care which includes contraception. Employees who want health care will be forced to use and therefore subsidize a plan which provides contraception to women without cost or co-pay.

You may not know this, but contraception is a grave moral evil. The birth control pill can act to cause a very early abortion. It does not reduce abortion rates. Contraception is an elective intervention that stops the healthy functioning of healthy women's reproductive systems. It is not health care. The government should not force Americans to act as if pregnancy is a disease to be prevented at all costs. Contraceptives have numerous side-effects and risks of serious complications. Documented serious complications include heart attacks, cervical cancer and blood clots. The statement from The Office of Health and Human Services on January 20, 2012 that "Scientists have abundant evidence that birth control has significant health benefits for women and their families" is very misleading and troubling.

If I were President, I would encourage Americans to have more children. People have always been our greatest resource. Providing contraception free of charge is a good way to cripple our country, both physically and spiritually.

As an American citizen, I ask you to rescind the administration's contraceptive mandate and restore my religious liberty and rights of conscience.

Please let me know how and when you will act to ensure that I can purchase health insurance without violating my conscience.

Sincerely,